

Lindsworth School

2025/ 26 Newsletter

Summer 2



KEY DATES

- ☐ 20.08.26 - GCSE Results Day (8.00 am - 11.00 am)
- ☐ 01.09.26 - Inset Day 1 (no students on site)
- ☐ 02.09.26 - Inset Day 2 (no students on site)
- ☐ 03.09.26 - KS2, Year 7 and Year 11 students return
- ☐ 08.09.26 - Years 8, 9 and 10 students return
- ☐ 23.10.26 - End of Autumn 1 term
- ☐ 02.11.26 - Start of Autumn 2 term



Do you have X?

Follow our school to see what we're up to: [@lindsworthsch](https://www.instagram.com/lindsworthsch)



Lindsworth School

Headteacher's Message



As another successful academic year draws to a close, I would like to thank our students, families and staff for their continued support. This year has been filled with exciting opportunities, including educational visits, sporting events, reward trips, community engagement activities and hands-on learning experiences. I also wanted to thank all those parents and carers that attended our annual Progress Review Evening and BBQ, it was wonderful to see so many families and to hear of all the progress being made by your children. This year, our students have represented Lindsworth with PRIDE and consistently demonstrated our values of Positivity, Respect, Independence, Determination and Equality.

It was also a wonderful surprise this year for our Senior Leadership Team to be recognised with a Certificate of Achievement from the Pearson National Teaching Awards for SEND and Inclusive Practice, what a brilliant way to end the year.

I would like to wish our Year 11 students every success as they prepare to receive their examination results on Thursday 20th August 2026. Results can be collected from school between 8.00 am and 11.00 am. We are incredibly proud of their achievements and look forward to celebrating their successes as they move on to the next stage of their journey.

We are also delighted to welcome our new students joining KS2 and Year 7 in September. We look forward to helping them settle into the Lindsworth community and supporting them as they begin this exciting new chapter. For our new Year 10 and Year 11 students, the year ahead will be particularly important as they focus on achieving positive examination outcomes and preparing for future college placements, training opportunities and career pathways. We wish them every success as they work towards their goals.

The coming year will also see significant improvements across the school site through our £6 million investment programme, including the replacement of roofs, doors and door frames. These developments will help create an even better learning environment for our students.

Finally, I wish everyone a safe, enjoyable and restful summer break. Take time to relax, recharge and enjoy time with family and friends.

We look forward to welcoming KS2, Year 7 and Year 11 students back to school on Thursday 3rd September, and Year 8, Year 9 and Year 10 students back on Tuesday 8th September.

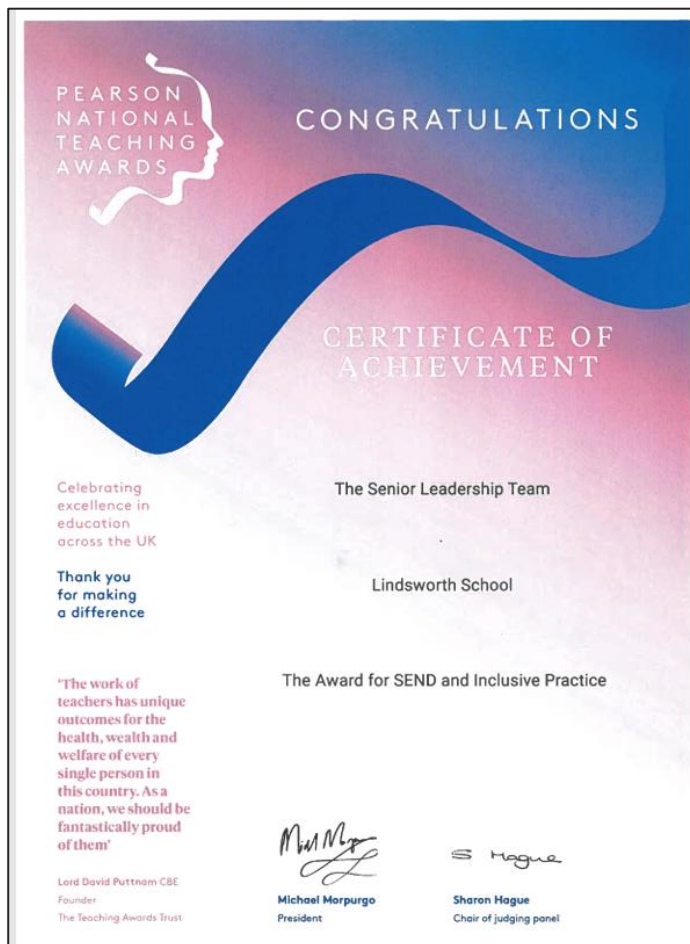
Kate Beale
Headteacher

Lindsworth School

Senior Leadership Team Recognised for Excellence in SEND & Inclusive Practice



What a brilliant way to end the academic year. Our Senior Leadership Team has been recognised by Pearson National Teaching Awards for SEND and Inclusive Practice, a prestigious accolade that reflects the unwavering commitment to ensuring every pupil is valued, supported and empowered to succeed.



Inclusive practice lies at the heart of our school vision. We believe that all learners, regardless of need or background, deserve equitable opportunities to achieve their full potential. Through strong leadership, strategic development and a culture of belonging, the team has championed high-quality provision that removes barriers to learning and promotes positive outcomes for all pupils.

This recognition reflects the key Pearson National Teaching Awards criteria, including demonstrating outstanding leadership, improving educational experiences for pupils with SEND, fostering an inclusive school culture, working effectively with families and external partners, and delivering measurable impact on pupil achievement and wellbeing.

This award celebrates not only our leadership team but also our whole-school effort and commitment to inclusion, ambition and excellence for every child.

Lindsworth School

Students Embark on a Memorable France and Belgium Adventure



Recently, a group of students from Key Stage 2 through to Year 10 enjoyed an exciting educational visit to France and Belgium, creating lasting memories while developing valuable knowledge and life skills beyond the classroom.

The trip offered a fantastic range of experiences, from archery and orienteering activities that encouraged teamwork, resilience and problem-solving, to chocolate making (and, of course, chocolate tasting!), which proved to be a firm favourite amongst students. Pupils also enjoyed visits to the beautiful coastline, spending time on the beach and exploring the local surroundings.



A particularly meaningful part of the visit was the opportunity to explore several war memorials and historical sites. These visits helped students gain a deeper understanding of significant events in history, encouraging reflection and appreciation of the sacrifices made by previous generations.



At our school, we strongly believe that learning extends far beyond the classroom walls. Educational visits such as this provide invaluable opportunities for students to develop independence, confidence and social skills whilst experiencing new environments. Travelling abroad also allows young people to broaden their horizons, learn about different cultures and traditions, and develop a greater understanding of the wider world.



The trip to France and Belgium perfectly reflected our commitment to providing rich, meaningful experiences that enhance learning and support personal development. We are incredibly proud of how our students represented the school throughout the visit, demonstrating maturity, enthusiasm and respect at every opportunity.

We would like to thank all the staff who supported the trip and helped make it such a rewarding and memorable experience for everyone involved.

Lindsworth School

KS2 and Year 7 Enjoy a Colourful Day of Fun & Teamwork



Recently, a group of pupils from KS2 and Year 7 had the opportunity to attend a fantastic Colour Run event at Aston Rugby Club. The day was all about participation, enjoyment and working together, providing our young people with an exciting experience outside the classroom.

The Colour Run encouraged pupils to take part in a series of fun activities while being showered with brightly coloured powder along the route. More importantly, the event focused on building confidence, promoting teamwork and encouraging positive relationships between participants. It was wonderful to see our pupils embracing the challenge with enthusiasm and supporting one another every step of the way.

Throughout the day, pupils demonstrated the values that are at the heart of our school community. The event provided many opportunities for them to show **PRIDE** in their actions and attitudes.



- ∞ **Positivity** was evident from the moment pupils arrived, with everyone approaching the activities with energy, enthusiasm and a willingness to get involved.
- ∞ **Respect** was shown through the way pupils encouraged their peers, listened to instructions and demonstrated excellent behaviour throughout the event.
- ∞ **Independence** was developed as pupils challenged themselves, took part in new experiences and stepped outside of their comfort zones.
- ∞ **Determination** was on display as students continued to participate, even when activities became physically demanding, showing resilience and perseverance.
- ∞ **Equality** was a key feature of the day, with every participant given the opportunity to take part, contribute and celebrate success together regardless of ability or experience.

Events such as the Colour Run play an important role in supporting pupils' personal development. They help young people build confidence, strengthen friendships and develop important life skills, while also promoting physical activity and wellbeing.

We were incredibly proud of all the pupils who attended. They represented Lindsworth excellently and embodied our PRIDE values throughout the day. Their enthusiasm, encouragement of others and positive attitude made the event a great success and demonstrated the very best of our school community.

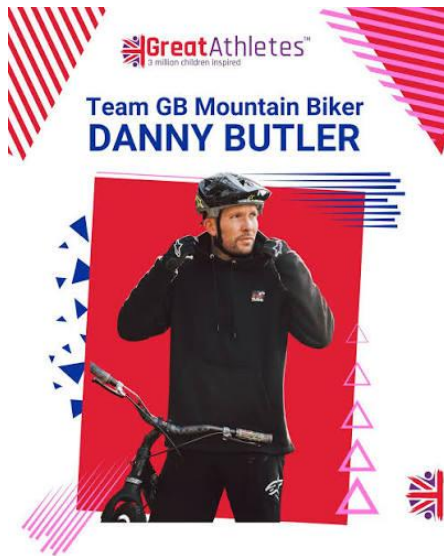
Lindsworth School

A Fantastic Sport and Wellbeing Day at Lindsworth



Pupils and staff at Lindsworth recently enjoyed a hugely successful Sport and Wellbeing Day, which celebrated the importance of physical activity, resilience and healthy lifestyles.

A highlight of the day was a visit from Danny Butler, a Team GB mountain bike athlete, who spent the morning inspiring our young people through a series of fitness activities and question-and-answer sessions. Pupils were fascinated to hear about Danny's sporting journey, the challenges he has overcome, and the dedication required to compete at an elite level. His message about perseverance, hard work and self-belief was warmly received by everyone who took part.



The day saw pupils and staff come together in sportswear, helping to create a positive and energetic atmosphere across the school. We would like to thank everyone who donated towards the event. The money raised will support the Great Athletes charity and contribute towards the purchase of new sports equipment for our pupils.

Alongside Danny's visit, pupils participated in a range of sporting activities throughout the day. A selected group of Year 7 and Year 8 pupils represented the school at a Padel competition as part of the School Games programme, demonstrating excellent teamwork, determination and sportsmanship.

The focus on wellbeing extended beyond organised sports. Staff incorporated movement and active learning opportunities into lessons wherever possible, encouraging pupils to recognise the benefits of staying active throughout the school day.

Most importantly, the event showcased the very best of the Lindsworth Spirit. Pupils embraced new challenges, supported one another and participated with enthusiasm throughout the day. Opportunities such as these help to build confidence, resilience and positive relationships, while reinforcing the importance of maintaining both physical and mental wellbeing.

We are incredibly grateful to Danny Butler for taking the time to visit our school and inspire our pupils. The day was a tremendous success and one that will be remembered by students and staff alike for a long time to come.

Lindsworth School

The Importance of Oracy, at school and home



At Lindsworth School, we believe that developing strong oracy skills is essential for success both in school and in later life. Oracy is the ability to communicate effectively through speaking and listening, helping young people to express their ideas, understand others, and participate confidently in conversations.

Oracy is built around four key areas:



- ∞ **Physical** – using voice, eye contact, body language, and clear speech effectively.
- ∞ **Linguistic** – choosing appropriate vocabulary and language for different situations.
- ∞ **Cognitive** – organising ideas, explaining thinking, reasoning, and asking questions.
- ∞ **Social and Emotional** – listening actively, showing empathy, respecting different viewpoints, and building confidence when speaking.

Strong oracy skills play an important role in learning. Pupils who can discuss ideas, ask questions, and explain their thinking are often better able to understand new concepts and make progress across all subjects. Oracy also supports reading and writing development, critical thinking, and problem-solving.

Beyond the classroom, communication is one of the most valuable life skills a young person can develop. Whether building friendships, working as part of a team, attending interviews, or preparing for future education and employment, the ability to speak and listen effectively helps young people succeed in a wide range of situations.

Parents and carers can support oracy development by encouraging regular conversations at home, discussing current events, reading together, and giving children opportunities to explain their opinions and ideas

Lindsworth School

Gold TIAAS Certification for Trauma-Informed Practice



Lindsworth School is delighted to announce that we have achieved the Gold TIAAS (Trauma-Informed Attachment Aware Schools) Certification, awarded by Birmingham Educational Psychology Service in partnership with Birmingham Virtual Schools. This prestigious recognition marks a significant milestone in our ongoing commitment to providing a nurturing, emotionally responsive, and inclusive learning environment for every pupil.



The TIAAS framework celebrates schools that embed trauma-informed and attachment-aware principles into every aspect of their practice. At Lindsworth, we understand that emotional safety and secure relationships are the foundation for learning. Our staff are trained to recognise and respond to the impact of trauma, and we work tirelessly to create spaces where every child feels seen, heard, and valued.

From restorative approaches to behaviour, to our emphasis on co-regulation and relational support, we are committed to building a culture of compassion and trust. This Gold certification reflects not only the strength of our whole-school approach, but also our belief that education is about healing, growth, connection, and unlocking potential.

We are especially proud that members of our team have now been recognised as TIAAS Lead Practitioners. In this role, they will support other schools across the community in developing and strengthening their own trauma-informed and attachment-aware practices, helping to extend this important work beyond our school gates.

We are incredibly proud of our staff, pupils, and families for embracing this ethos with such heart. The Gold TIAAS award is not just a badge - it is a promise to continue placing relationships at the centre of everything we do while helping others on the same journey.

Lindsworth School

Year 9 Enjoy Active Learning at Soccer Zone



Recently, a group of Year 9 pupils visited Soccer Zone for an exciting day focused on sport, fitness and teamwork. The trip provided students with an excellent opportunity to develop their physical skills while also strengthening important personal and social skills outside the classroom.

Throughout the day, pupils took part in a variety of football-based activities and competitive games designed to improve fitness, coordination and overall wellbeing. The sessions encouraged students to stay active, challenge themselves and enjoy the benefits of regular physical exercise in a fun and supportive environment.



However, the visit was about far more than just sport. Teamwork was at the heart of every activity, with pupils required to communicate effectively, work together and support one another to achieve success. Whether competing in small-sided matches or taking part in skills challenges, students demonstrated a positive attitude and a willingness to encourage their peers.

The trip also provided an opportunity for pupils to develop confidence and resilience. Many students stepped outside their comfort zones, challenged themselves to try new activities and showed determination when faced with difficult tasks. It was fantastic to see pupils celebrating one another's achievements and recognising the importance of collective effort rather than individual success.

Staff were extremely proud of how the students represented Lindsworth throughout the visit. Their behaviour, teamwork and commitment reflected the very best of our school community.

Trips such as these play an important role in supporting pupils' physical health, mental wellbeing and personal development. The Year 9 students returned to school having enjoyed a fun and rewarding experience, while also gaining valuable skills that will benefit them both in school and beyond.

We look forward to providing more opportunities for our pupils to learn, grow and succeed through sport and physical activity in the future.

Lindsworth School

Meet Willow, our school Therapy Dog



Hi, I'm Willow!🐾

A Little About Me

- 01



I am a 9-month-old fox red Labrador.


- 02



I live with my mum, Julie (our Deputy Headteacher).


- 03



I come to school to help support pupils with their emotions.


- 04



I have my own special area in school for quiet time and naps when I need a rest.





What I Do in School



I take part in **weekly 1-on-1** interventions and I really enjoy getting to know the students I work with.



I love **seeing pupils** when I am walking around school, and I am always happy to say hello to everyone!

Lindsworth School

Meet Willow, our school Therapy Dog



My Special Training

I am continuing my training with PAWS Therapy Dog Training, a UK organisation that specialises in training, assessing, and certifying therapy dogs for animal-assisted interventions.



My Three Handlers



Julie
Handler



Joe Williams
Handler



Angela Fothergill
Handler



They help me **learn** and **practise** my skills every week!

How I Help Our Pupils



Creating Calm

I help pupils feel calmer, more settled, and more supported in school.



Providing Comfort

I can help children when they are feeling worried or upset.



Bringing Joy

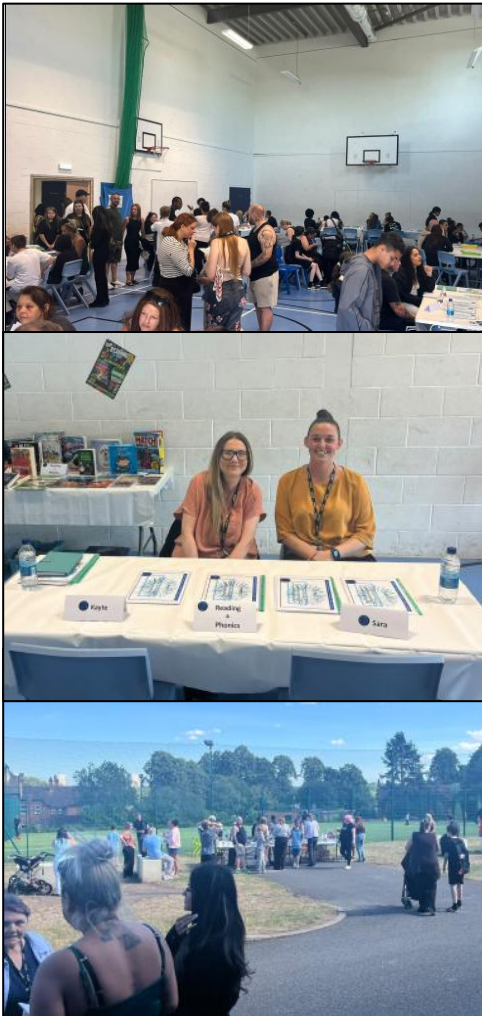
I encourage positive social interaction and love bringing a smile to people's faces.

Lindsworth School

A Successful Progress Review Evening and Community BBQ



We were delighted to welcome so many parents and carers to this year's Progress Review Evening and Community BBQ. The event provided a fantastic opportunity for families, students and staff to come together, celebrate achievements and reflect on the progress made throughout the academic year.



It was wonderful to see such a high turnout and to hear so many positive conversations about how far our students have come. Discussions focused not only on academic achievement, but also on the significant personal development that many young people have demonstrated over the year. From increased confidence and resilience to improved independence, communication and teamwork, our students have made impressive strides in their character education as well as their learning.

Events such as Progress Review Evening are an important part of the partnership between home and school. They provide valuable opportunities to discuss successes, identify next steps and ensure that students receive the best possible support. We would like to thank all those families who attended and engaged so positively with staff. We would also like to remind parents and carers that attendance at Progress Review Evenings is an expectation, as these meetings play a vital role in supporting students' progress and future success.

A popular feature of the evening was our free book giveaway, which saw many students selecting books to take home and enjoy. It was pleasing to see so much enthusiasm for reading and to know that many pupils left with a new title to explore.

As we move into the summer break, we would encourage all students to continue reading regularly at home. Reading for pleasure helps to develop vocabulary, comprehension, imagination and communication skills, while also supporting academic progress across all subjects. Even a short amount of reading each day can make a significant difference.

Lindsworth School

Design Technology Students

Create Food Dispensers



Students in Design Technology have recently been putting their creativity, problem-solving abilities and practical skills to the test by designing and making their own food dispensers.

The project challenged students to think carefully about both function and appearance. Before creating their final products, pupils explored the intricacies of the design process, considering how a food dispenser works and the different mechanisms needed to ensure it operates effectively. They investigated how materials could be used; how moving parts work together and how to create a product that is both practical and reliable.



As part of the project, students also developed their mathematical skills, calculating measurements, working out angles and ensuring components were accurately sized and positioned. This helped pupils understand the important links between mathematics and real-world design, demonstrating how accuracy is essential when creating a successful product.

Once the planning stage was complete, students moved on to the manufacturing process. Using a variety of tools and equipment, they carefully measured, cut, assembled and tested their dispensers. This hands-on approach enabled them to develop a range of practical skills while gaining a deeper understanding of the design and production process.



Creativity also played an important role. After constructing their dispensers, students were given the opportunity to decorate and personalise their designs. From colourful patterns and eye-catching themes to unique finishing touches, pupils demonstrated fantastic imagination and took great pride in presenting products that reflected their individual personalities.

The project provided much more than just an enjoyable classroom activity. Through hands-on learning, students developed a range of transferable skills that can be applied in everyday life and future careers. These included problem-solving, planning, precision, resilience, creativity and the ability to evaluate and improve their work. Pupils also learned the importance of patience and attention to detail, particularly when overcoming challenges during the construction process.

Lindsworth School

Brades' Strongest Pupil:

Building Strength & Resilience



Lindsworth has a proud tradition of providing pupils with opportunities that extend beyond the classroom. For the past five to six years, we have taken part in the annual Brades' Strongest Pupil competition, held at Brades Lodge Centre in Tividale. The event challenges pupils through a variety of strongman-style activities designed to test their strength, endurance and mental resilience.

This year, we decided to invest even more in preparing our pupils for the competition. Feedback from previous participants highlighted that they would have welcomed more opportunities to practise the events beforehand, helping them to build their confidence and improve their performance.

As a result, the school invested in new equipment for the fitness suite, including a Power Rack and Olympic bar. Pupils have been learning key exercises such as squats, bench presses and deadlifts, while also developing a strong understanding of gym safety. They have been taught how to load and unload weights correctly, use safety equipment and support one another during training sessions. Under the guidance of experienced staff, the emphasis has always been on correct technique and safe practice rather than lifting the heaviest weight.



Students from Years 7 to 11 have benefited from these new opportunities, with training taking place during lessons, lunchtimes and after-school sessions.

Recognising that endurance is just as important as strength, staff also organised a special preparation challenge: a hike in the Malvern Hills. Described by some as the West Midlands' version of Everest, the hills provided the perfect setting to test pupils' determination and resilience.

Many students felt nervous as they approached the climb and saw the scale of the challenge ahead. However, with encouragement from staff, regular breaks and support from one another, they pushed on. Pupils of different fitness levels worked together with a shared goal, demonstrating perseverance, teamwork and a true "no one left behind" attitude.

The stunning views, beautiful weather and promise of a well-earned ice cream at the summit provided extra motivation. Most importantly, however, the experience showed pupils that success often comes from determination, resilience and supporting those around you. We are incredibly proud of everything they achieved and look forward to seeing them put their hard work into practice at this year's competition.

Lindsworth School

Students Explore Farming and Ecosystems on Farm Visit



Students recently enjoyed an exciting and educational visit to a local farm, where they had the opportunity to learn about ecosystems, farming in Britain and the care of farm animals. The trip brought classroom learning to life and provided valuable hands-on experiences that helped pupils develop a deeper understanding of the natural world.

Throughout the day, students explored different areas of the farm and discovered how farms play an important role in producing food, supporting wildlife and managing the countryside. They learned about the different types of farming found across Britain and gained an insight into the hard work, planning and dedication required to run a successful farm.



A key focus of the visit was understanding ecosystems and the relationships between plants, animals and their environment. Pupils explored how living things depend on one another and how farmers can help to protect habitats while maintaining productive farmland. Seeing these ecosystems firsthand helped students make meaningful connections between their classroom studies and the world around them.

Students were also able to meet a variety of farm animals and learn about their care, welfare and importance within the farming industry. From feeding routines to housing and health checks, pupils gained an appreciation of the responsibilities involved in looking after animals. The opportunity to observe and interact with the animals proved to be a particular highlight of the day.

The visit encouraged curiosity, questioning and discussion, with students demonstrating excellent engagement throughout. They asked thoughtful questions, listened carefully to farm staff and embraced the opportunity to learn in a completely different environment.

As well as supporting learning in science and geography, the trip helped students develop a range of important life skills, including communication, observation and independence. Experiences such as these allow pupils to broaden their knowledge, build confidence and gain a greater appreciation of the world around them.

Lindsworth School

KS2/ KS3 Celebrate Success with Reward Trip to Clifford Lakes



To recognise their hard work, positive behaviour and commitment throughout the year, a group of KS2 and KS3 students recently enjoyed an exciting reward trip to Clifford Lakes Aqua Park.

The day was packed with fun, laughter and plenty of adventure as pupils took on the giant inflatable obstacle course set across the water. From climbing walls and balance beams to giant slides and jumping platforms, students challenged themselves to complete a variety of obstacles while enjoying the fantastic outdoor environment.

For many pupils, one of the highlights of the day was racing their friends across the inflatables and seeing who could complete the course the fastest. There were plenty of splashes along the way, with students enjoying the challenge of staying balanced before inevitably ending up in the water! The excitement and enthusiasm shown throughout the day created a fantastic atmosphere, with pupils encouraging and cheering each other on at every opportunity.



The trip also provided valuable opportunities for students to build confidence and develop resilience. Some pupils challenged themselves to try activities they had never attempted before, demonstrating determination and a willingness to step outside their comfort zones. It was wonderful to see students supporting one another and celebrating each other's achievements.

Alongside the fun and excitement, the visit encouraged teamwork, communication and positive relationships between peers. Students worked together to navigate obstacles, offered encouragement when challenges became difficult and showed excellent sportsmanship throughout the day.

Reward trips such as this are an important way of recognising pupils' efforts and achievements while providing opportunities to create lasting memories with their classmates. The smiles, laughter and sense of accomplishment seen throughout the day showed just how much the experience was appreciated.

Lindsworth School

Gold School Games Mark

Certification



Lindsworth School is delighted to announce that we have been awarded the prestigious Gold School Games Mark, recognising our continued dedication to sport, physical activity, and the overall wellbeing and development of our pupils.

This nationally recognised achievement highlights schools that demonstrate excellence in providing inclusive and competitive sporting opportunities, and we are proud to be recognised for our commitment to the School Games programme. Over the past year, our pupils have embraced a diverse range of sporting activities and competitions, both within school and across the local community, showcasing determination, teamwork, resilience, and a positive attitude towards healthy lifestyles.



At Lindsworth School, we understand that physical health plays a vital role in supporting mental and emotional wellbeing. “Healthy Bodies, Healthy Minds” encourages pupils to lead active lives, make healthy choices, and develop habits that contribute to lifelong success. Through a wide variety of opportunities, including active learning, movement breaks, mindfulness activities, and inter-house sporting events, we ensure that all pupils have the chance to participate, succeed, and flourish.

Achieving the Gold School Games Mark reflects the dedication and hard work of our staff, the enthusiasm and commitment of our pupils, and the invaluable support of our families. We are incredibly proud of this accomplishment and remain committed to further enhancing our sporting provision while continuing to inspire a culture of health, wellbeing, and achievement throughout our school community.

Lindsworth School

West Midlands Armed Police

Visit Lindsworth



Students at Lindsworth recently benefited from a unique educational opportunity when officers from the West Midlands Police Armed Response Vehicle (ARV) team visited the school.

The visit was organised as part of our ongoing commitment to supporting students' personal development and broadening their understanding of future career opportunities. It provided pupils with a fascinating insight into the work carried out by specialist police officers and the important role they play in keeping communities safe.

During the sessions, students learned about the responsibilities of Armed Response Officers, the extensive training they undertake and the operational framework within which they work. Officers spoke about the variety of situations they may encounter and explained how teamwork, communication, decision-making and professionalism are essential qualities in their role.



A particularly exciting aspect of the visit was the opportunity for students to see the Armed Response Vehicle and learn more about the specialist equipment used by officers. The visit helped to bring the realities of modern policing to life and encouraged thoughtful discussion about public service and responsibility.

Year 10 students also received additional input on stop and search powers. Officers explained why stop and search is used, the legal powers that support it and the role it can play in preventing crime and keeping people safe. This provided students with a valuable opportunity to develop their understanding of an issue that is often discussed in the media and wider society.

The visit supported several areas of the curriculum, including personal development, citizenship and careers education. It also encouraged students to consider the wide range of opportunities available within policing and other public service careers.

Lindsworth School

Making this Summer More Affordable for Families



UK wide VAT cut on children's days out | Reducing VAT from 20% to 5%

The government is cutting VAT to reduce the cost of children's restaurant meals, children's tickets for theatres and cinemas and all tickets for attractions like soft play, amusement parks, and museums. That means lower prices at the till.

[Find attractions near you offering the VAT reduction→](#)



Free bus travel for children | Free travel on local bus services in August

Children aged 5-15 travelling on local bus services in England can travel free in August. Whether it's going on a day out, visiting family or just getting around, the bus is on us.

This applies to local bus services in England. It does not apply in Scotland, Wales and Northern Ireland, where travel support is devolved.

[Find bus routes near you →](#)

Free and low-cost things to do this summer

Alongside the new savings measures, there's a range of free activities available to families across England, from museums and parks to holiday food programmes and reading clubs.

- **Free museums and galleries** – some venues across England offer free entry all year, with special summer programmes for children. [Find museums near you](#)
- **Summer Reading Challenge** – free at your local library for children aged 4–11. [Find your nearest library](#)
- **Holiday Activities and Food programme** – free holiday activities with meals for children on free school meals. [Find a place near you](#)
- **Parks, nature and the outdoors** – national parks, beaches and local green spaces with free ranger-led events. [Browse outdoor activities](#)

Lindsworth School

Supporting Young People with Autism Over the Summer Break



For children and young people with autism, the summer holidays can bring both opportunities and challenges. The change from the structure and routine of school can sometimes lead to increased anxiety or uncertainty. Every young person with autism is different, but there are a few practical ways parents and carers can help make the summer break feel more manageable and enjoyable:

- ∞ **Maintain Some Structure:** while it is important to relax and enjoy the holidays, keeping some predictable routines can be reassuring. Simple things such as regular waking times, mealtimes and planned activities can help provide a sense of stability.
- ∞ **Prepare for Changes:** if you are planning days out, holidays or family events, sharing information in advance can help your child feel more prepared. Photos, maps, schedules or short conversations about what to expect can reduce uncertainty.
- ∞ **Make Time for Interests:** many autistic young people have hobbies or special interests that bring them comfort, enjoyment and confidence. The summer break can be an ideal opportunity to explore these interests further and celebrate their strengths. Summer activities can be exciting, but they can also be tiring. Ensuring there is time to relax, and recharge can help your child manage sensory demands and maintain children's wellbeing.
- ∞ **Looking Ahead to September:** as the new school term approaches, gradually discussing the return to school can be helpful. Revisiting routines, talking about expectations, and answering questions can support a smoother transition back into education.

Furthermore, Autism West Midlands have the following NHS funded webinars coming up which may be of interest to some of you:



Tuesday 11th August - 10am > Autism and Girls:

<https://3edea674-300a-4420-9f42-a09bb5469dc4.webinarninja.com/live-webinars/10784588/register>

Tuesday 15th September - 10am > How Autistic People Process Information:

https://3edea674-300a-4420-9f42-a09bb5469dc4.webinarninja.com/live-webinars/10784589/register?in_tok=a953a4ed-c1d7-4a51-9ff8-5fe6f9dfecfd

A recording of the webinar will also be sent out to anyone who signs up and will be available to view for two weeks following the webinar.

Lindsworth School

Autism Specialist Advisors for Parents/ Carers in Birmingham



Advice session



Autism West Midlands offers free 45-minute advice calls with our Autism Specialist Advisors for parents and carers living in the Birmingham area.

During the session, we can discuss your concerns, offer guidance and signposting, and provide tailored resources and information based on what has been discussed.

autism
west midlands



To join the waiting list, please scan the QR code below.



Please note: this service is available to Birmingham residents only.

Lindsworth School

Helping Children Stay Safe

Online this Summer



As technology becomes an increasingly important part of our children's lives, teaching them how to use the internet safely and responsibly remains a top priority at Lindsworth. While we actively cover digital citizenship and e-safety in our curriculum, we rely on your continued support at home to reinforce these lessons.

Recently, we have noticed some issues arising in school linked to online activity outside of school hours, particularly concerning the use of social media and online gaming. To help us ensure children are making safe and kind choices online, we ask that you consider the following steps:



- ∞ **Monitor App Age Restrictions:** Most major social platforms (Instagram, Snapchat, and TikTok) require users to be at least 13 years old, while WhatsApp requires users to be 16. Ensure your child is using age-appropriate apps and that parental controls are activated.
- ∞ **Check Device Activity:** Frequently check your child's devices, especially their interactions in group chats. Unsupervised chats can sometimes lead to cyberbullying, the sharing of inappropriate content, or the spreading of rumours.
- ∞ **Encourage Open Dialogue:** Talk to your child about the websites they use and ask them to show you how they work. Ensure they know how to block and report users, and most importantly encourage them to tell a trusted adult if they see anything online that makes them feel upset or uncomfortable.
- ∞ **Set Healthy Boundaries:** Establish device-free times, such as during meals or before bedtime, to promote a healthy balance between screen time and offline activities.

For more information, advice, and detailed guides on setting up parental controls for specific apps and games, please visit the [National Online Safety](#) platform or review the resources provided by the [UK Safer Internet Centre](#).

Lindsworth School

Staff Shout Outs



All our students have achieved this half term; however, we wanted to share a few personal shout outs...



Well done to Zaniah and Mia for their hard work during our writing interventions!

Lian



Excellent effort made by Theo in Year 10 – keep going and Year 11 will be successful.

Natalie



Well done to 9L for all their extra work and effort to achieve their Arts Award.

Michelle



Well done to Preston W who has recently joined us, what a good first impression. Keep it up!

Jeanette