

Lindsworth School

Options



9L and 9I

For Parents and Carers

Your child is reaching an exciting time in their school career and the choices they make now will have an impact on them over the next two years with us and their life after Lindsworth School. The more successful they are in the next two years; the more choices and opportunities will be available to them when considering a career and further education.

To help them make the best choices, as well as the information in this booklet, they should speak to teachers and gain crucial information and guidance on which courses will give them the best opportunities for success. In addition to this, they will be able to reflect on their experiences in Years 7, 8 and 9, and any review meetings that have taken place recently.

We want their choices to be as informed as possible. Therefore, we encourage them to make sure they ask questions, especially if they are unsure of what the subject will involve or what it will be like. Please note, often a subject in Year 10 and Year 11 will be very different than the one that they have studied in Years 7, 8 and 9, despite it having the same subject name.

Once they have made their choice(s), and courses have been selected for them, they will not be able to change them, and they will be studying these subjects for the next two academic years.

Alongside the option subjects, there will be a core offer of subjects that all pupils will study. Some of these they will gain a qualification from; others will develop important knowledge and skills that will help them to be a success in their life beyond Lindsworth School.

Core subjects that pupils will study for a qualification in are:

- GCSE Maths or Functional Skills Maths
- IGCSE English Language or Functional Skills English
- IGCSE Combined Science or Entry Level Science
- IGCSE History (L group only)

Other subjects studied are:

- PSHE Education (personal, social, health and economic)
- Careers
- Physical Education

For Students

How do I know which options to choose?

When choosing your options it is useful to think of your future career. For example, if you know you would like to work in the computer industry, ICT could be a useful course to take.

If you have a good idea of what you would like to do as a future career, take the opportunity to look at colleges now to find out what qualifications you need to achieve at Linsworth School to be able to go onto the relevant course(s) at college.

If you are unsure what you would like to have as a career, then choosing a wide range of courses may be more suitable. This will ensure that you have a broad experience of different subject areas and all your options for college courses will remain open.

One common error that is made is to select a subject because a friend is doing the same. Please make sure you avoid this and prioritise your own interests and future endeavours over being with a friend.

It is very useful to ask teachers about what the courses are like, and you could also ask Year 10 and Year 11 pupils who are currently completing the course. The more questions you ask, the more likely you are to be able to make the right choice for you. All staff in the school are available for advice about the right choice to make regarding your options.

What do I need to do to choose?

The Core Block is mandatory – all students will complete those subjects.

From Block A you should select the top four subjects you would be interested in studying; you need to discuss your preferences with your parents/ carers and teachers. You will then complete your option choices form (the final sheet in this document) which must be signed by your parent/ carer and returned to your Pastoral Manager by Friday 16th May 2025.

When completing the form, you will be asked to rank your four choices, 1 being first choice and 2 your second choice and so on. We will do our very best to make sure that everyone gets a first or second choice. However, there are a variety of reasons why this may not happen, this includes numbers of children opting for a subject, individual behaviour scores in a subject and/ or academic ability.

CORE BLOCK	BLOCK A
<i>Cambridge IGCSE English Language (L group and I group)</i>	<i>OCR GCSE Art, Craft and Design Combined Titles</i>
<i>Edexcel GCSE Maths (L group and I group)</i>	<i>Cambridge National in Creative Media</i>
<i>Cambridge IGCSE Combined Science (L group and I group)</i>	<i>OCR GCSE Physical Education (PE)</i>
<i>Edexcel Functional Skills: English (N group)</i>	OCR GCSE Business Studies
<i>Edexcel Functional Skills: Maths (N group)</i>	RSL Level 1/ 2 in Music Technology
<i>Entry Level Science (N group)</i>	BTEC Level 1/ 2 Home Cooking
<i>Cambridge IGCSE History (L groups ONLY)</i>	
<i>PSHE (personal, social, health and economic development)</i>	
<i>Core Physical Education (PE)</i>	
<i>Careers</i>	

Core Block Details

Cambridge IGCSE English Language (L group and I group)

As an approved and registered Cambridge International School, our selected exam board for our English qualification is Cambridge IGCSE First Language English. The course enables students to:

- Develop the ability to communicate clearly, accurately and effectively when speaking and writing

- Use a wide range of appropriate and ambitious vocabulary (tier 2 and tier 3 specifically), as well as the correct grammar, spelling and punctuation
- Develop a personal style and an awareness of the audience being addressed
- Develop the ability to write in a specific style and for a specific purpose
- Develop more general analysis and communication skills such as selection and retrieval, summarisation, inference and deduction, and the ability to order facts appropriately and present opinions effectively.

Students are also encouraged to read widely, both for their own enjoyment and to further their awareness of the ways in which English can be used.

Assessment

Throughout the course, students will produce three extended writing assignments which create a coursework portfolio. These assignments will be focussed on a range of different purposes, incorporating the skills above. This will make up 50% of students' overall English Language qualification.

Finally, students will complete an examination which will assess students' ability to read and retrieve information as well as writing for a range of audiences. It will assess their written communication and their spelling, punctuation and grammar.

The skills covered in the syllabus are outlined below:

Reading

- Demonstrate understanding of written texts, and of the words and phrases within them
- Summarise and use material for a specific context
- Develop, analyse and evaluate facts, ideas and opinions
- Demonstrate understanding of how writers achieve their effects and influence readers
- Select appropriate information for specific purposes
- Recognise and respond to linguistic devices, figurative language and imagery.

Writing

- Express what is thought, felt and imagined
- Organise and convey facts, ideas and opinions effectively
- Demonstrate a varied vocabulary appropriate to the context

- Demonstrate an effective use of sentence structures
- Demonstrate an understanding of audience, purpose and form

Speaking and Listening

- Describe and reflect on experience, and express what is thought, felt and imagined
- Organise and convey facts, ideas and opinions effectively
- Understand and convey complex ideas
- Communicate with clarity, focus and purpose
- Communicate appropriately for the context
- Engage appropriately in conversation.

As part of our curriculum plans all students also work on English Literature throughout KS4 to deepen their English Language skillset, as well vocabulary development and promoting a love of reading. These skills lend themselves explicitly to learning and achievement in other subjects.

Edexcel GCSE Maths (L group and I group)

Foundation GCSE maths is taught across Year 10 and Year 11, with a focus on problem solving and written communication. Pupils' knowledge of Numeracy from KS3 will be developed throughout.

Pupils will cover topics in:

- Using and Applying Mathematics
- Number and Algebra
- Shape, Space and Measures
- Handling Data

The subject is assessed through three written papers at the end of Year 11.

Paper 1 Non-Calculator; Paper 2 Calculator; Paper 3 Calculator.

Topic	Content in Exam
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Number	25%
Algebra	20%
Ratio, proportion and rates of change	25%
Geometry and Measures	15%
Statistics	15%
Probability	

Cambridge IGCSE Combined Science (L group and I group)

Cambridge IGCSE Combined Science gives learners the opportunity to study Biology, Chemistry and Physics, each covered in separate syllabus sections. It is a single award qualification, earning one grade.

The syllabus:

- Helps learners to understand the biological and technological world in which they live, and take an informed interest in science and scientific developments
- Includes the basic principles and concepts that are fundamental to science, some current applications of biology, chemistry and physics, and a strong emphasis on practical skills
- Helps learners also develop an understanding of the scientific skills essential for progression to Cambridge International AS & A Levels.

Biology	Chemistry	Physics
Characteristics of Living Organisms	States of Matter	Motion, Forces and Energy
Cells	Atoms, Elements and Compounds	Thermal Physics
Movement Into and Out of Cells	Stoichiometry	Waves
Biological Molecules	Electrochemistry	Electricity
Enzymes	Chemical Energetics	Space Physics
Plant Nutrition	Chemical Reactions	
Human Nutrition	Acids, Bases and Salts	
Transport in Plants	The Periodic Table	
Transport in Animals	Metals	
Diseases and Immunity	Chemistry of The Environment	

Gas Exchange in Humans	Organic Chemistry	
Respiration	Experimental Techniques and Chemical Analysis	
Drugs		
Reproduction		
Organisms and Their Environment		
Human Influences on Ecosystems		

Units covered during the course are detailed below.

Assessment

Assessment for this qualification takes the form of externally assessed examinations and practical tests. The external examinations will include multiple-choice, short answer and structured questions. The weighting is as follows:

Assessment Type	Weighting
External Examination	80%
Practical Test	20%

History (L group only)

Cambridge IGCSE History offers students the opportunity to study world history in the nineteenth and twentieth centuries. It encourages learners to raise questions and to develop and deploy historical skills, knowledge and understanding to provide historical explanations. Learners explore history from a diversity of perspectives, including social, economic, cultural and political.

Students will produce one piece of coursework based on a depth study from the syllabus or a depth study devised by the centre; this is worth 30% of the overall grade and is internally assessed and externally moderated; they will also sit Paper 1 (40%) and Paper 2 (30%).

Careers

At Lindsworth School we aim to ensure that all our pupils leave school with the skills to achieve a successful career. Your school education is preparing you for your future career. So thinking about what you enjoy or what you might like to do next can help you on your path.

As part of the careers program offered to pupils at Lindsworth they will receive a 45 minute lesson each week during year's 10 and 11. Pupils will have personal guidance on the world of work, knowledge of the pathways available to them post 16 and labour market information. In addition to this they will look at study skills, revision techniques and how to be successful in exams.

The careers program covers the following units:

Year 10	Study Skills	Employability Skills	Post 16 Options	Planning for the Future	CVs	Virtual Work Experience
Year 11	Revision Techniques	Planning for the Future	Applications	Finance	The Workplace	

PSHE (personal, social, health and economic)

The PSHE curriculum equips learners to become lights within their world. They are encouraged to live healthy, safe, productive, capable, responsible and balanced lives. Learners are encouraged to shine by being supported in making effective decisions, positive learning, career choices and in achieving economic wellbeing.

At Lindsworth School, we teach Personal, Social and Health Education as a whole-school approach to underpin students' development as people and because we believe that this also supports their learning capacity.

The curriculum is delivered through Jigsaw, the mindful approach to PSHE. This provides a programme which offers us a comprehensive, carefully thought-through Scheme of Work bringing consistency and progression to our students' learning in this vital curriculum area.

The Jigsaw Programme covers all areas of PSHE for the secondary phase including statutory RSE and Health Education. The table below gives the learning theme of each of the six Puzzles (units) and these are taught across Key Stage 4.

Term	Puzzle (Unit)	Content
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Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding difference, Equality Act
Spring 1:	Dreams and Goals	Includes goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
Summer 1:	Relationships	Includes understanding friendship, family, intimate relationships and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

Block A

OCR GCSE Art, Craft and Design Combined Studies

If you have enjoyed Art, Craft & Design at Key Stage 3 then you will love it at GCSE. If you are a practical person who likes to experiment and make things from using different materials such as paper, fabric, plastic, or wood, then this course is for you! You will take ownership and lead the direction of your project. During the course you will produce a work journal that shows the development of your ideas. This will include observations in the form of photography, drawing, painting, expressive mark making and written evaluations, as well as a final piece in your chosen material.

If you're thinking that Art Craft and Design is just about making pretty pictures and has no relevance to life skills and the qualities that the job industry is looking for, then think again. Did you know that the UK has the largest creative industries sector in the world? Developing ideas, experimenting (this is one of the very few subjects that encourages you to genuinely take risks!) and recording what you see, think and feel are what this course is all about. Your final challenge is then to bring all these elements together to produce art that really engages and excites a viewer, aesthetically, emotionally and/or conceptually.

Art GCSE develops valuable employability skills. Art fosters creativity, critical thinking, problem-solving, and communication skills, all of which are highly sought after in various professions. The creative industries are a significant and growing sector; they represent a substantial portion of the overall economy. For example, in 2023, the creative industries employed 2.4 million people. The creative industries have seen substantial job growth, with a 49% increase in the workforce between 2010 and 2021. Here is a list of careers in the creative arts industry: Gaming Design, Illustration, Graphic Design, Animation, Art Therapy, Teaching, Visual Effects, Set Design, Fashion, Interior Design, Museum Curator, Fine Artist, Printmaker, Architect or Landscape Architect or Website Design.

Course content

- Unit 1: personal theme – work journal & final piece – 60%
- Unit 2: exam project – work journal & 10-hour practical exam – 40%

(Students will produce a final piece under exam conditions; the time will be structured to support their needs).

OCR Cambridge Nationals in Creative iMedia

This course will provide learners with essential knowledge, transferable skills and tools with the aim of enhancing their employability when they leave education. The qualification will encourage independence, creativity and awareness of the digital media sector.

Level 2 Certificate in Creative iMedia will appeal to learners interested in working in the creative and digital media sectors. It provides them with the core skills for researching, planning and creating products and assets for each piece of coursework and encourages creativity and originality with a vocational focus.

Students who are thinking of this course must be prepared to complete a degree of home learning, good time management skills and a reasonable level of confidence with IT.

What will I study?

The Cambridge Nationals in Creative iMedia will equip learners with a range of creative media skills and provide opportunities to develop, in context, desirable, transferable skills such as research, planning, reviewing, working with others and communicating creative concepts effectively. Using these skills, learners will ultimately be creating fit-for-purpose creative media products such as interactive multimedia products, digital graphics or comic strips.

Literacy is a very important part of the controlled assessment as this has an impact on students' overall marks.

How will I be assessed?

Students will complete the following units:

- R093 – Creative iMedia in the media industry (External exam)
- R094 – Visual identity and digital graphics (Internal non-examined assessment)
- R097 – Interactive Digital Media

One unit is assessed externally with a written examination worth 40% of the student's final grade, the other two units are internally assessed through non-examined assessment tasks, combined these are worth 60% of the student's final grade. The internally assessed assignment tasks could include reports, presentations and other portfolio assessments.

An overall grade for the qualification is awarded to all students who successfully complete all units. Grades awarded are Pass at level 2 (P2), Merit at level 2 (M2), Distinction at level 2 (D2) or Distinction * at level 2 (*2).

OCR GCSE Physical Education

The content of OCR GCSE (9–1) in Physical Education is divided into three components. Each component is further sub divided into topic areas and the detailed content associated with those topics.

Component 01: Physical Factors Affecting Performance

1.1 Applied anatomy and physiology – this unit will explore the skeletal system, the muscular system, the cardiovascular system, the respiratory system and the effects of exercise on the body.

1.2 Physical training – this unit will explore components of fitness, principles of training and preventing injury.

Component 02: Socio-cultural Issues and Sports Psychology

2.1 Socio-cultural influences – this unit will explore engagement patterns in physical activity, commercialisation and ethical and cultural issues.

2.2 Sports psychology - this unit will explore characteristics of skilful movement, classification of skills, goal setting and mental preparation.

2.3 Health, fitness and well-being - this unit will explore health, fitness and wellbeing, and diet and nutrition.

Component 03: Performance in Physical Education

3.1 Performance of three activities taken from the two approved lists.

- One from the 'individual' list
- One from the 'team' list
- One other from either list

3.2 Analysing and Evaluating Performance (AEP) - in addition to three practical performances, learners are required to demonstrate their ability to analyse and evaluate their own performance.

Pupils will be assessed in the following way:

- Two 1-hour exams (60% of final mark)
- 3 practical assessments (30% of final mark)
- 1 controlled written assessment (10% of final mark)

It needs to be stressed to pupils that there is a considerable amount of classroom-based work for this course. Pupils should not take this option if they just want to do practical activities.

OCR GCSE Business Studies

The world of business is everywhere around us and Business Studies is a very popular subject post-16.

OCR GCSE (9-1) Business would be for pupils who would like...

- To be their own boss and run their own business
- To understand how businesses operate in terms of finance, marketing and people
- To know how businesses recruit staff and what they are looking for
- To understand the role of finance and how cash influences business activity

This course uses real-life business examples, and you will learn skills which will help with decision making.

Assessment

There are two 90-minute examinations at the end of the course. **There is no controlled assessment.** There will be a mix of short and extended writing questions which will test the ability to explain and evaluate. There is some mathematic content in the finance unit.

RSL Level 1/ 2 in Technology & Composition (Music)

This course is targeted towards pupils who have a keen interest in the music industry and would like to develop their skills as a musician and producer.

Pupils will have the opportunity to learn how to use industry standard music software to create music and learn one of the instruments of their choice from the selection below.

- Drums
- Guitar (*Electric, Bass or Acoustic*)
- Piano

Unlike GCSE music this course has no exam. The course is separated into THREE units in which students need to develop coursework for.

These are:

Unit 1 – Musical Knowledge:

1. Researching and developing a presentation on a style of music/inspirational artist.
2. Writing a magazine review about of a piece of music of your choice.

Unit 2 – Sequencing & Production:

1. Developing a plan for a composition following a brief.
2. Creating a piece of music using music industry standard apple mac software. (garage band/logic)
3. Summarising your project providing your own personal feedback about your strengths and areas for improvement.

Unit 3 – Instrumental Study:

1. Demonstrate basic awareness of how to look after your chosen instrument.
2. Develop a target that you would like to achieve on your chosen instrument (Learning a technique or a piece of music) and evidencing your progress in a diary.
3. Review your overall progress and evaluate your strength and areas for improvement.

BTEC level 1 (yr10) & level 2 (Yr11) Home Cooking Skills

This qualification has been developed for pupils aged 14–16 in schools and colleges.

Qualification Purpose

This qualification is designed for pupils with an interest in food and cookery and the hospitality industry. It will provide learners with experience of using different cooking techniques and methods to enable them to use these within further education or apprenticeships. It will give them a basic understanding of the skills required for cooking and a career in food production.

The objectives of this qualification are to help pupils to:

- Prepare and cook using basic skills
- Understand food and its functions in the body and in recipes
- Understand balanced diets and modification of recipes for health
- Plan and produce dishes for a purpose
- Demonstrate food hygiene and safety
- How to economise and presentation skills

Throughout the delivery of this qualification, the following core areas and transferable skills should be evident:

- Planning
- Research skills
- Communication
- Problem solving skills
- Health and safety

Pupils will be graded at the end of each year through an assessed project where they analyse a brief, plan and prepare a 2-course meal. Pupils who select this course to do must be aware that like all other GCSE subjects, it is not all practical work. There is theory and written work to cover also.



NAME _____

FORM: _____

BLOCK A	SELECT YOUR TOP 4 CHOICES, WITH 1 BEING YOUR TOP CHOICE AND THEN SO ON
<i>OCR GCSE Art, Craft and Design Combined Titles</i>	
<i>OCR Cambridge National in Creative iMedia</i>	
<i>OCR GCSE Physical Education (PE)</i>	
OCR GCSE Business Studies	
RSL Level 1/ 2 in Music Technology	
BTEC Level 1/ 2 Home Cooking	

PARENT/ CARER signature: _____

STUDENT signature: _____

PLEASE RETURN THIS FORM TO YOUR PASTORAL MANAGER BY 16.05.25