

Lindsworth School

Options



Dear Parents and Carers,

Your child is reaching an exciting time in their school career as they move into Year 10 and begin studying for their exit qualifications in preparation for their applications for further education. The more successful they are in the next two years; the more choices and opportunities will be available to them when considering a career and further education.

We want you, and them, to be as informed as possible. Therefore, we encourage them to make sure they ask questions, especially if they are unsure of what the subjects in Year 10 and 11 will involve. Please note, often a subject in Year 10 and Year 11 will be very different than the one that they have studied in Years 7, 8 and 9, despite it having the same subject name.

In Year 11 there will be a core offer of subjects that all pupils will study. Some of these they will gain a qualification from; others will develop important knowledge and skills that will help them to be a success in their life beyond Lindsworth School.

Core subjects that pupils will study for a qualification in are:

- GCSE Maths or Functional Skills Maths
- IGCSE English Language or Functional Skills English
- IGCSE Combined Science or Entry Level Science

Other subjects studied are:

- PSHE Education (personal, social, health and economic)
- Careers
- Physical Education

For pupils in the N teaching group two option choices have been pre-selected to enable them to access qualifications appropriate to their academic ability, these subjects are AQA Life Skills Unit Awards and ASDAN Sports and Fitness Course. However, they will study three additional subjects as part of the KS4 curriculum (Core Block), for their third-choice students should pick between: BTEC Level 1/ 2 Home Cooking OR OCR GCSE Art, Craft and Design Combined Titles.

For Students

What do I need to do to choose?

From Block B you should select if you would prefer to study BTEC Level 1/ 2 Home Cooking OR OCR GCSE Art, Craft and Design Combined Titles as your final option.

Although we will endeavour to give everyone their preferred choice, there are a variety of reasons why this may not happen, this includes numbers of children opting for a subject, individual behaviour scores in a subject and/ or academic ability.

You will then complete the option form (the final sheet in this document) which must be signed by your parent/ carer and returned to your Pastoral Manager by Friday 16th May 2025.

CORE BLOCK	BLOCK B
<i>Cambridge IGCSE English Language (L group and I group)</i>	AQA Life Skills Unit Awards
<i>Edexcel GCSE Maths (L group and I group)</i>	ASDAN Sports and Fitness Course
<i>Cambridge IGCSE Combined Science (L group and I group)</i>	BTEC Level 1/ 2 Home Cooking
<i>Edexcel Functional Skills: English (N group)</i>	OCR GCSE Art, Craft and Design Combined Titles
<i>Edexcel Functional Skills: Maths (N group)</i>	
<i>Entry Level Science (N group)</i>	
<i>Cambridge IGCSE History (L groups ONLY)</i>	
<i>PSHE (personal, social, health and economic development)</i>	
<i>Core Physical Education (PE)</i>	
<i>Careers</i>	

Core Block Details

Functional Skills (N group)

Functional Skills qualifications provide reliable evidence of a student's achievements against demanding content that is relevant to the workplace. The qualifications assess students' underpinning subject knowledge and their ability to apply this knowledge to different contexts; they provide a foundation for progression to employment and further technical education, and they help learners to develop skills for everyday life.

Functional Skills: English

Whether it is Entry Level 1, 2 or 3, the course consists of three components; students must pass the following assessments to achieve their qualification:

A Writing assessment

Students should practise writing different types of text. This should include straightforward texts such as narratives, instructions, explanations and reports.

A Reading assessment

Students should practise reading different types of text. This should include straightforward texts that instruct, describe, narrate and explain.

A Speaking, Listening and Communicating assessment

Students should practise different types of speaking, listening and communicating activities. This should include straightforward narratives, accounts, explanations, discussions instructions, information and descriptions.

Functional Skills: Mathematics

Functional Skills Qualifications allow pupils to gain a sound grasp of the underpinning skills and basics of mathematical problem-solving, appropriate to their level. By using mathematical thinking to solve problems in everyday situations the course supports pupils to progress into employment or further study.

Regardless of the level studied, the assessment is split into two sections: a shorter, non-calculator paper, and a longer paper where students may use a calculator. Throughout the course pupils are taught strategies to improve their mental maths, a valuable skill for their everyday life.

Entry Level Science (AQA)

Two Entry Level Certificate Science qualifications are available.

- Entry Level Certificate (Single Award)
- Entry Level Certificate (Double Award)

Students will be entered for either ELC Science – Single Award or ELC Science – Double Award; students will submit a portfolio of work containing the appropriate number of Externally set assignments (ESAs) and Teacher-devised assignments (TDAs).

There are three levels of award available: Entry 1, Entry 2 and Entry 3. Entry 3 is the most demanding.

Subject Content

The specification comprises six components. Each component has two assessments: one externally set and one internally set.

The six components meet the Programme of Study Key Stage 4 requirements.

- Component 1- Biology: The human body
- Component 2 - Biology: Environment, evolution and inheritance
- Component 3 - Chemistry: Elements, mixtures and compounds
- Component 4 - Chemistry: Chemistry in our world
- Component 5 - Physics: Energy, forces and the structure of matter
- Component 6 - Physics: Electricity, magnetism and waves

Careers

At Lindsworth School we aim to ensure that all our pupils leave school with the skills to achieve a successful career. Your school education is preparing you for your future career. So thinking about what you enjoy or what you might like to do next can help you on your path.

As part of the careers program offered to pupils at Lindsworth they will receive a 45 minute lesson each week during year's 10 and 11. Pupils will have personal guidance on the world of work, knowledge of the pathways available to them post 16 and labour market information. In addition to this they will look at study skills, revision techniques and how to be successful in exams.

The careers program covers the following units:

Year 10	Study Skills	Employability Skills	Post 16 Options	Planning for the Future	CVs	Virtual Work Experience
Year 11	Revision Techniques	Planning for the Future	Applications	Finance	The Workplace	

PSHE (personal, social, health and economic)

The PSHE curriculum equips learners to become lights within their world. They are encouraged to live healthy, safe, productive, capable, responsible and balanced lives. Learners are encouraged to shine by being supported in making effective decisions, positive learning, career choices and in achieving economic wellbeing.

At Lindsworth School, we teach Personal, Social and Health Education as a whole-school approach to underpin students' development as people and because we believe that this also supports their learning capacity.

The curriculum is delivered through Jigsaw, the mindful approach to PSHE. This provides a programme which offers us a comprehensive, carefully thought-through Scheme of Work bringing consistency and progression to our students' learning in this vital curriculum area.

The Jigsaw Programme covers all areas of PSHE for the secondary phase including statutory RSE and Health Education. The table below gives the learning theme of each of the six Puzzles (units) and these are taught across Key Stage 4.

Term	Puzzle (Unit)	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding difference, Equality Act
Spring 1:	Dreams and Goals	Includes goal setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise

Summer 1:	Relationships	Includes understanding friendship, family, intimate relationships and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

Block B

OCR GCSE Art, Craft and Design Combined Studies

If you have enjoyed Art, Craft & Design at Key Stage 3 then you will love it at GCSE. If you are a practical person who likes to experiment and make things from using different materials such as paper, fabric, plastic, or wood, then this course is for you! You will take ownership and lead the direction of your project. During the course you will produce a work journal that shows the development of your ideas. This will include observations in the form of photography, drawing, painting, expressive mark making and written evaluations, as well as a final piece in your chosen material.

If you're thinking that Art Craft and Design is just about making pretty pictures and has no relevance to life skills and the qualities that the job industry is looking for, then think again. Did you know that the UK has the largest creative industries sector in the world? Developing ideas, experimenting (this is one of the very few subjects that encourages you to genuinely take risks!) and recording what you see, think and feel are what this course is all about. Your final challenge is then to bring all these elements together to produce art that really engages and excites a viewer, aesthetically, emotionally and/or conceptually.

Art GCSE develops valuable employability skills. Art fosters creativity, critical thinking, problem-solving, and communication skills, all of which are highly sought after in various professions. The creative industries are a significant and growing sector; they represent a substantial portion of the overall economy. For example, in 2023, the creative industries employed 2.4 million people. The creative industries have seen substantial job growth, with a 49% increase in the workforce between 2010 and 2021. Here is a list of careers in the creative arts industry: Gaming Design, Illustration, Graphic Design, Animation, Art Therapy, Teaching, Visual Effects, Set Design, Fashion, Interior Design, Museum Curator, Fine Artist, Printmaker, Architect or Landscape Architect or Website Design.

Course content

- Unit 1: personal theme – work journal & final piece – 60%
- Unit 2: exam project – work journal & 10-hour practical exam – 40%

(Students will produce a final piece under exam conditions; the time will be structured to support their needs).

BTEC level 1 (yr10) & level 2 (Yr11) Home Cooking Skills

This qualification has been developed for pupils aged 14–16 in schools and colleges.

Qualification Purpose

This qualification is designed for pupils with an interest in food and cookery and the hospitality industry. It will provide learners with experience of using different cooking techniques and methods to enable them to use these within further education or apprenticeships. It will give them a basic understanding of the skills required for cooking and a career in food production.

The objectives of this qualification are to help pupils to:

- Prepare and cook using basic skills.
- Understand food and its functions in the body and in recipes.
- Understand balanced diets and modification of recipes for health.
- Plan and produce dishes for a purpose.
- Demonstrate food hygiene and safety.
- How to economise and presentation skills.

Throughout the delivery of this qualification, the following core areas and transferable skills should be evident:

- Planning
- Research skills
- Communication
- Problem solving skills
- Health and safety

Pupils will be graded at the end of each year through an assessed project where they analyse a brief, plan and prepare a 2-course meal.

Pupils who select this course to do must be aware that like all other GCSE subjects, it is not all practical work. There is theory and written work to cover also.

ASDAN Sports and Fitness Course

This Short Course comprises seven modules:

- Sports participation
- Health, fitness and nutrition
- Researching sport
- Sport in the community
- Coaching and officiating
- The environment
- Working in sport

Students will achieve either a Level 1, 2 or 3 ASDAN Qualification.

AQA Entry Level Life Skills

What are Life Skills?

Simply put, they are the skills that make everyday life easier. Life skills include cooking, budgeting, communicating with others, health, well-being and managing emotions. Sometimes this means learning new things, and sometimes it means building on things you already know.

Sometimes being a teenager can be hard. This course can help make it feel just that bit easier, make you feel more independent and empower you to face the future ahead as you leave school.

Small Steps to Larger Goals

You don't have to have big goals in mind. Just take small steps towards boosting your skills and improving your wellbeing. Whether it is learning to budget better or cook healthier food. Building your confidence or gaining independence. There is a course for you.

When you study, you will:

- Build your confidence
- Learn new life skills
- Improve your everyday life and wellbeing

Each unit that you are assessed on will give you an individual certificate and award. You don't have to pass every unit to gain an overall qualification. Units include:

Personal Finance	Drugs Education	Emotional Well Being
Healthy Lifestyles	Diversity	Personal Safety



NAME _____

FORM: _____

BLOCK B	SELECT YOUR PREFERRED CHOICE OUT OF THE TWO AVAILABLE OPTIONS Please note although we will endeavour to give everyone their preferred choice, there are a variety of reasons why this may not happen, this includes numbers of children opting for a subject, individual behaviour scores in a subject and/ or academic ability.
<i>OCR GCSE Art, Craft and Design Combined Titles</i>	
BTEC Level 1/ 2 Home Cooking	

PARENT/ CARER signature: _____

STUDENT signature: _____

PLEASE RETURN THIS FORM TO YOUR PASTORAL MANAGER BY 16.05.25