

Lindsworth School

Newsletter: Spring 2



KEY DATES

- 11.04.25 non-uniform day, £1 donation for charity
- 11.04.25 last day of Spring 2 term
- 28.04.25 first day of Summer 1 Term
- 01.05.25 Year 11 GCSE examinations begin
- 23.05.25 last day of Summer 1 Term
- 02.06.25 first day of Summer 2 Term

A MESSAGE FROM THE HEADTEACHER

Dear Parents and Carers,

There have been many highlights over the past few weeks, showcasing the talent, curiosity and spirit of our school community. These include our educational visits, such as the trip to London where students explored the **Houses of Parliament** and deepened their understanding of democracy and government. Meanwhile, Year 10 students enriched their study of *Macbeth* with a visit to **Shakespeare's Birthplace Trust** in Stratford-upon-Avon, gaining valuable insight into the life and times of the playwright.



This term, we've also embraced our commitment to well-being through our *'I Will Walk 500 Miles'* challenge, supporting both the **'Active for April'** initiative and **'Stress Awareness Month'**. Promoting the idea of Healthy Body, Healthy Mind, all money raised is going to the **Ronald McDonald House Charity**, which provides vital support to children with terminal illnesses and their families. To further support this wonderful cause, we'll be holding a **non-uniform day on Friday 11th April**, asking for a **£1 donation** from those taking part.

Finally, I would like to wish our Year 11 students the very best of luck as they begin their GCSEs after the Easter break. I encourage all of them to use the resources provided to support their revision and go into the exams feeling confident and prepared.

Wishing everyone a safe, restful and enjoyable Easter break.

Kate Beale



KS2
Kate

Key Stage 2 have had a busy term learning all about space, this has included a visit to The National Space Centre, learning about astronauts, making rockets, designing planets and much more. This term Key Stage 2 have been participating in gymnastic lessons and learning new skills, we've been very impressed with the resilience and determination shown. We have also enjoyed playing in two football tournaments against other schools, a STEM project with Green Power Cars and a theatre trip to see 'Horrible Histories the Awful Egyptians'. Next term we are looking forward to a new topic of 'allotments' and a forest school project including the 'John Muir Award'.

YEAR 7
Vicky

As we approach the Easter holidays, as a year group we would just like to let others know of the fabulous things we have done so far this half term. We had a small group of pupils who went to BCFC for a Greenpower Car Event which saw the pupils race in a F1 simulator and become pit stop crew changing tyres. Our girls took part in a Barclays Game On event at Alexander stadium which allowed them to voice their opinions on girls within sport. This was then followed up with a reward trip for the top 10 students to Ackers Adventure, with the group taking part in tubing, rock climbing and archery. To finish this half term off we have our year 7 residential camp to Pioneer Centre.

YEAR 8
Trevor

Beyond academics students have shown growth in areas such as team work, leadership and resilience. I would like to congratulate the year 8 and 9s in representing Lindsworth School in the tribute to the late Birmingham City FC legend Trevor Francis. Even though the result did not go our way the pupils were a credit to the School! As we move forward into the next term, I encourage all students to continue their hard work and maintain their overall positive attitude.

YEAR 9
Jason

The majority of Year 9 students have shown great effort this half term, working hard to succeed in all aspects of school life. In English, they have been studying The Tempest, exploring its themes, characters and language; in Maths, the focus has been on mastering multiplication skills. As part of their personal development, students have enjoyed taking part in football and bowling activities, developing both their teamwork and physical skills.

YEAR 10
Carmel

Year 10 have had another successful term, students have been studying poetry and after completing their Shakespeare studies 10L visited Stratford Upon Avon, focusing on Shakespeare's Birthplace, New Place and Anne Hathway's Cottage. Some students also went to London to visit the Houses of Parliament, this was a great successful and they got a lot out of it. Further to this we had a year 10 team building day at Ackers where all of the students that took part really enjoyed the activities!

YEAR 11
Dean

Year 11 students have been working extremely hard during their college sessions on Wednesdays, building valuable vocational skills as they work towards their qualification. Their dedication and focus have been clear to see, with many showing real progress and commitment to their chosen pathways. Alongside this, they have been preparing diligently for their upcoming exams next half term, making full use of the support and resources available to help them succeed.



Lindsworth School

Managing Stress



Every April, the UK marks Stress Awareness Month, a time dedicated to increasing understanding of stress, its causes and how to manage it. In today's fast-paced world, stress affects people of all ages and backgrounds – and while some stress is normal, too much can take a toll on our mental and physical health.

This year, the focus is not only on raising awareness, but also on encouraging open conversations and practical steps to reduce stress; recognising when stress is building up is the first step towards managing it.

There are many simple ways to help reduce stress levels:

- ✓ Take regular breaks – even a short walk or time away from screens can make a difference.
- ✓ Stay active – physical activity, even light exercise, can lift your mood and reduce anxiety.
- ✓ Talk about how you feel – sharing concerns with a friend, colleague or support group can ease the mental load.
- ✓ Practise mindfulness or deep breathing – these techniques help to ground you and calm racing thoughts.
- ✓ Get enough rest – sleep is essential for mental resilience and emotional balance.

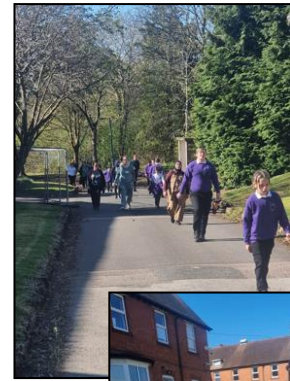


For parents and carers, it's worth remembering that Year 11 students may be feeling particularly stressed this month. With exams approaching and the prospect of leaving school on the horizon, many are facing uncertainty and pressure. Offering calm support, encouragement, and time to talk about their worries can be incredibly reassuring. Helping them to establish routines for revision, rest and relaxation can also ease the burden.



Active for April: ...and I Will Walk 500 Miles!

Lindsworth School is proud to be taking part in Active for April, a fantastic initiative that not only encourages our students to recognise the benefits of a healthy body and a healthy mind, but also supports a worthy cause. Throughout the month, we are aiming to walk an incredible 500 miles collectively as a school community. As part of our efforts, we are raising funds for Ronald McDonald House Birmingham, a charity that provides vital support to families with children in hospital. To help boost our fundraising, we will be holding a non-uniform day on Friday 11th April, where students are invited to donate £1 in support of the charity.

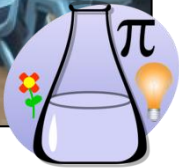


Rock and Pop Gala Show

A group of our talented students recently took to the stage to perform in the Rock and Pop Gala at South and City in Digbeth, playing to an audience of over 200 people. In preparation for this exciting event, they have harnessed and practised a range of skills, including teamwork, resilience, musical technique and stage presence. Their dedication, confidence, and commitment to excellence truly shone through on the night, and we couldn't be prouder. They embodied our core values of PRIDE and represented Lindsworth School with passion and professionalism.



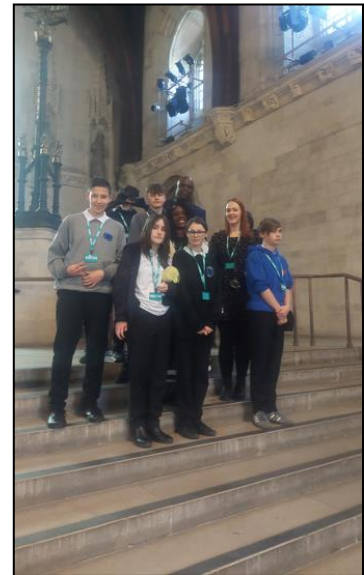
STEM SCIENCE ACTIVITY DAY



The STEM Science Activity Day was an exciting and engaging event for students, filled with hands-on learning and discovery. Visiting Dr Kumar led a series of workshops throughout the day, demonstrating a range of fascinating experiments that truly brought science to life. Students actively participated in the sessions, exploring scientific concepts through practical activities designed to spark curiosity and encourage deeper thinking. The activities were not only enjoyable but also carefully structured to develop scientific enquiry skills, helping students to question, investigate, and understand the world around them in a meaningful and interactive way.

HOUSES OF PARLIAMENT VISIT

Students recently enjoyed an enriching visit to the Houses of Parliament in London, including a guided tour of Westminster. The experience provided a valuable insight into the workings of democracy and government in the UK. Students explored the structure of Parliament, the roles and responsibilities of MPs, and gained a deeper understanding of how laws are made and how debates help shape legislation. It was a thought-provoking and inspiring opportunity for students to connect classroom learning with real-world politics. Their behaviour and contributions throughout the visit were brilliant, reflecting genuine interest and enthusiasm for the topics discussed.



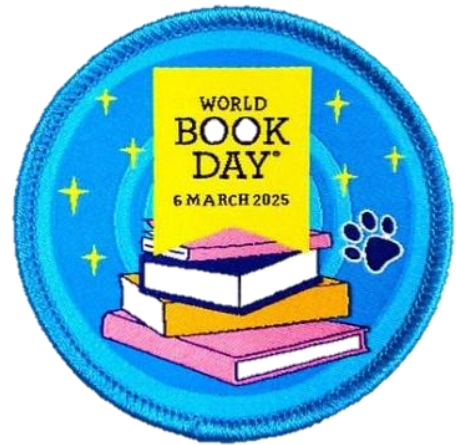
GIRL POWER IN SPORT!

Six of our female students competed in a Girls Only event for sport to raise awareness of the ever changing roles of females in sport. Students made a tremendous effort and showed positive attitude throughout the event. Well done girls!



WORLD BOOK DAY 2025

Students across the school celebrated World Book Day in March, where students were reminded about the importance of reading both academically and for pleasure; KS2 staff and students also dressed up as their favourite book characters. Students in Years 7 and 8 entered the WBD voucher competition; good luck to all entries!



NATIONAL SPACE CENTRE VISIT

KS2 students visited the National Space Centre to further develop and secure their recent learning about space. The trip provided an exciting opportunity to explore interactive exhibits and deepen their understanding of the solar system, space exploration and scientific discoveries beyond Earth.



SHAKESPEARE'S BIRTHPLACE

Students in 10L visited Shakespeare's Birthplace locations in Stratford-upon-Avon to enhance their knowledge and understanding of his life. The trip supported their study of Macbeth by providing valuable context about Shakespeare's background, influences and the times in which he lived.





All of our students have achieved this half term; however we wanted to share a few individual shout outs...



Marley, well done on his ever improving attitude and asking for the right support at the right time!

Dean



Layton in Year 9 has made a tremendous effort to improve in his learning attitude – and this is really paying off!

Simon



Roma for showing great commitment to developing his music aptitude.

Courtney



Braeden was a star during the STEM Workshops, he answered and asked loads of questions. Well done!

Carmel



Do you have X? (Twitter)

Follow our school to see what we're up to, shout outs to specific pupils and more! @lindsworthsch



Lindsworth School

Why Attendance Matters



Every school day counts. Research shows that regular attendance directly impacts a child's academic achievement, social skills, and overall wellbeing. Missing even a few days can create gaps in learning that are difficult to fill.



How Parents and Carers Can Help:

- **Set a Routine:** Establish a consistent bedtime and morning routine to help your child feel prepared for the day.
- **Communicate with Us:** If your child is unwell or unable to attend school, please inform us promptly. Our school attendance line is available for reporting absences.
- **Encourage Positivity:** Speak positively about school and the importance of learning to instil a sense of responsibility and motivation in your child.

